KIF FODBOLD - TRÆNINGSTIDER 2019 (Forår+efterår)

Årgang	Type	Bane	Mandag	Tirsdag	Onsdag	Torsdag	Fredag	Lørdag	Søndag	Kampdag
U5 + U6 (13+14)	3-mands	14,15,16,17						10.00-11.00		Weekend
U6 (13)	3-mands	14,15,16,17		17.00-18.15				11.00-12.00		Weekend
U6 (13) Ønsket onsdag, tilhører tirsdag	3-mands	9,13			17.00-18.15					Weekend
U7 (12)	3/5-mands	10,14,15,16,17	17.00-18.15		17.00-18.15					Weekend
U8 (11)	5-mands	10,11,12		17.00-18.15		17.00-18.15			09.00-10-00	Weekend
U9 (10)	5-mands	6,11,12	17.00-18.15		17.00-18.15					Weekend
U9 (10)	5-mands	6,11					17.00-18.15			Weekend
U10 Piger (09)	5/8-mands	9		17.00-18.15				10.00-11.15		Weekend
U10 (09)	5/8-mands	6,7		17.00-18.15						Weekend
U10 (09)	5/8-mands	2 C+D,7				17.00-18.15				Weekend
U11 (08)	8-mands	2 A+B+C+D	17.00-18.15		17.00-18.15					Weekend
U11 (08)	8-mands	5					17.00-18.15			Weekend
U12 (07)	8-mands	2 C+D		17.00-18.15						Weekend
U12 (07)	8-mands	6				17.00-18.15				Weekend
U13 (06)	8/11-mand	3 (Mosen)	17.00 - 18.15		17.00 - 18.15	17.00 - 18.15				Weekend
U14 +U15 (04 + 05)	11-mands	5 + Dan		17.00-18.15		17.00-18.15				Weekend
U14 +U15 (04 + 05)	11-mands	5 + Dan		18.15-19.30		18.15-19.30				Weekend
U17 (02+03)	11-mands	5 + Dan	18.15-19.30		18.15-19.30					Weekend
U17 (02+03)	11-mands	2 A+B	18.15-19.30		18.15-19.30					Weekend
U17 (02+03)	11-mands	2 A+B					17.00-18.15			Weekend
U19-Drenge (00+01)	11-mands	2 A+B+C+D		18.15-19.30		18.15-19.30				Weekend
Senior 1	11-mands	4 (Mosen)	18.00-19.30		18.00.19.30	18.00-19.30				
Senior 2	11-mands	3 (Mosen)		18.00-19.30		18.15-19.45				
Veteran Fitness	5-mands	9	18.00-19.00							
Oldboys / Veteran	8-mands	6 (evt. kunsten ved kampe)							10.00-11.30	
Fodbold Fitness (D)	8-mands	5	17.00-18.00							
PARA	8-mands	2 C+D	18.30-20.00		18.30-20.00					
Talentskole - skills										
Talentskole - skills										
Talentskole - målmænd										