

KIF FODBOLD - TRÆNINGSTIDER 2018 (Forår)

Årgang	Type	Bane	Mandag	Tirsdag	Onsdag	Torsdag	Fredag	Lørdag	Søndag	Kampdag
U5 + U6 (12+13)	3-mands	14,15,16,17						10.00-11.00		Weekend
U7 (11)	3/5-mands	14,15,16,17	17.00-18.15							Weekend
U7 (11)	3/5-mands	9,13			17.00-18.15			09.00-10.15		
U8 (10)	5-mands	10,11,12	17.00-18.15		17.00-18.15					Weekend
U9 (09)	5-mands	10,11,12						08.30-10.00		Weekend
U9 (09)	5-mands	10,11, 2A		17.00-18.15						Weekend
U9 (09)	5-mands	11				17.00-18.15				Weekend
U10 (08)	5/8-mands	2 A,B,C	17.00-18.15		17.00-18.15					Weekend
U10 (08) (A-trup)	5/8-mands	2C				17.00-18.15				Weekend
U11 (07)	8-mands	6,12		17.00-18.15		17.00-18.15				Weekend
U11 (07)	8-mands	12					17.00-18.00			Weekend
U12 (06)	8-mands	6	17.00-18.15		17.00-18.15		17.00-18.00			Weekend
U12 (06) (A-trup)	8-mands	2 A+B				17.00-18.15				Weekend
U12 Piger	8-mands	2A					16.00-17.00			Weekend
U13 (05)	8/11-mands	6,11,12		18.15-19.30		18.15-19.30				Weekend
U13 (05)	8/11-mands	2 C+D					17.00-18.00			Weekend
U14 (04)	11-mands	5		17.00-18.15		17.00-18.15				Weekend
U14 (04)	11-mands	2 A+B					17.00-18.00			Weekend
U15(03)	11-mands	5, Dan, 2D	17.00-18.15		17.00-18.15					Weekend
U15(03)	11-mands	2B					16.00-17.00			Weekend
U17 (02)	11-mands	2 tirsdag / 5, Dan torsdag		18.15-19.30		18.15-19.30				Weekend
U17 (02)	11-mands	3 (mosen)					17.00-18.00			Weekend
U19-Drenge (00)	11-mands	2 torsdag / 5, Dan tirsdag		18.15-19.30		18.15-19.30				Weekend
U19-Drenge (00)	11-mands	4 (mosen)					17.00-18.00			Weekend
Senior 1	11-mands	4 (mosen)	18.00-19.30		18.00-19.30	18.00-19.30				Weekend
Senior 2	11-mands	3 (mosen)		18.00-19.30		18.00-19.30				Weekend
Senior (8 kvinder)	8-mands	7		18.00-19.30		18.00-19.30				Weekend
Veteran Fitness	8-mands	9	18.15-19.30							Ugedag
Oldboys / Veteran	8-mands	7							10.00-11.00	Ugedag
Fodbold Fitness (D)	5-mands	9,13	17.00-18.15							
Fodbold Fitness (D)	5-mands	Dan				17.00-18.15				
Fodbold Fitness (H)	5-mands	9				16.30-17.30				
Talentskole - skills	5/8-mands	2 A,B			16.00-17.00					
Talentskole - skills										
Talentskole - målmænd		2 C+D			16.00-17.00					